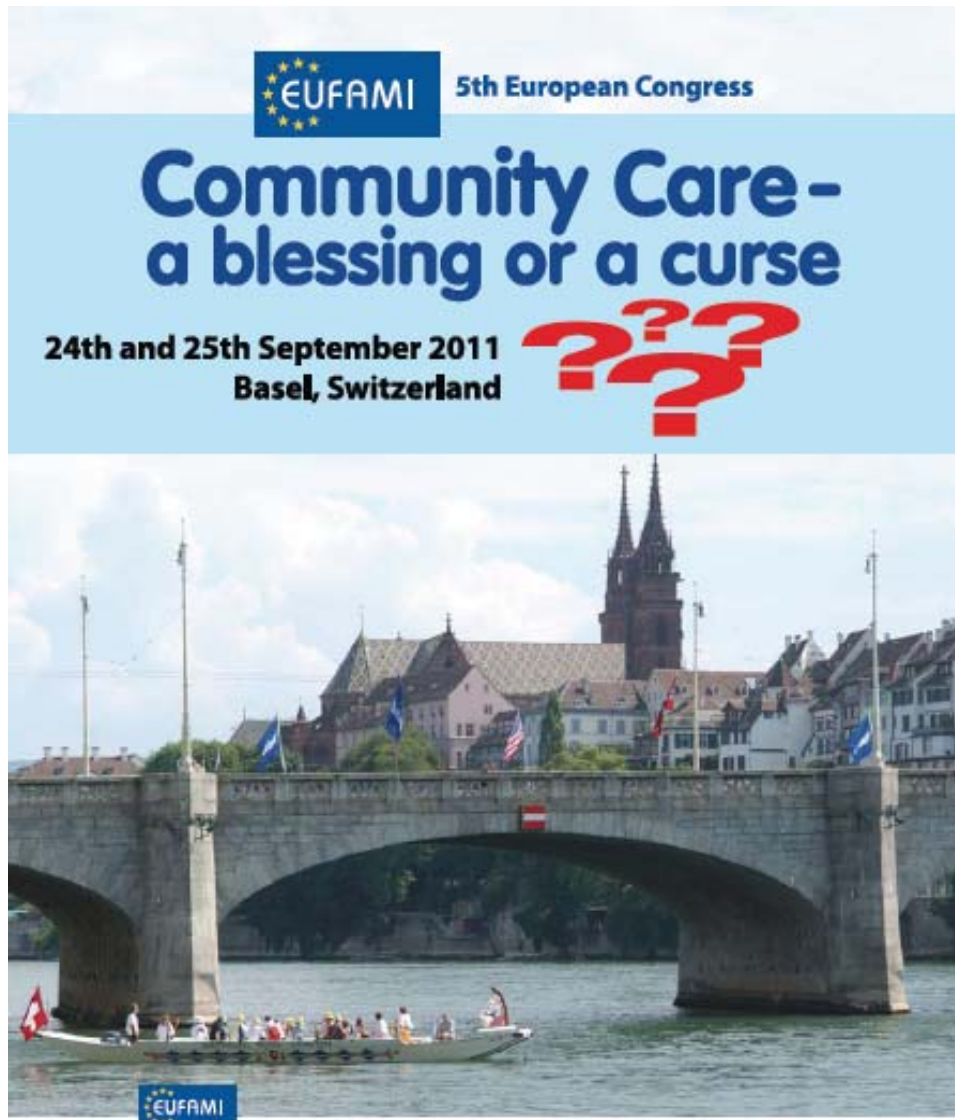

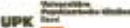


Congress Newsletter Number 1 – February 2011



**Early Bird Registration for the Congress is open from mid February 2011**  
**Full details of congress programme, venue, fees, how to register, etc**  
**can be found at [www.eufami.org](http://www.eufami.org)**

Co hosted by VASK Schweiz 

In local co-operation with UPK 

EUFAMI's 5<sup>th</sup> European Congress will take place in Basel, Switzerland on the 24<sup>th</sup> and 25<sup>th</sup> September 2011. It will be co hosted by VASK Schweiz and will take place at the University Psychiatric Clinic, located at Wilhelm Klein-Strasse 27. ([www.upkbs.ch](http://www.upkbs.ch)). It is situated approximately half way between the city centre and the airport. Access is very easy from the city centre on the number 50 bus line and the cost is covered by the travel card which you will receive when you check in to your hotel.

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## **WELCOME**

*Welcome to the first newsletter for the EUFAMI congress which is scheduled to take place on the 24<sup>th</sup> and 25<sup>th</sup> September. Over the coming months, we will issue further newsletters containing interesting information about the Congress – the programme, speakers as well as general information. In this issue, we concentrate on the main details about the Congress – such as an overview of the programme, registration details, etc. We hope you find it useful.*

## **BACKGROUND**

Over the past number of years, there has been a major shift in how psychiatric services are provided throughout Europe. This shift has seen the move from institutional care, usually in large psychiatric hospitals, to services being provided out in local communities. This change has happened more quickly in Western Europe, but it is gradually also taking place in central and Eastern Europe.

Has this move been successful and has it in fact improved the overall quality of care for those directly affected by mental illness? The jury is still out and opinion is much divided. One major criticism which is made is that, while the concept of community care has been accepted as the new norm and is now policy in most European countries, adequate funding and support services have not been made available to make it community care a success. For better or worse, community care, in terms of psychiatric services, appears to be here to stay.

But from the family and carer perspective, ‘community care’ in reality turns out to be ‘family care’. Because of this, families are experiencing greater burdens as a result of the increased level of care and support that is expected of them. It is within this framework, where there is a duality of favourable and unfavourable aspects of this new concept, that this congress is addressing the question – from the perspective of the family - is community care a blessing or a curse?

The congress will provide delegates with many different insights and the opportunity to discuss and debate the topic with many leading experts from both Europe and elsewhere on the subject, including representatives from the various branches of community care.

## **WHO SHOULD ATTEND?**

The congress will be of interest to all family members and persons with self experience, as well as all members of the medical and social services professions who practice or have an interest in the area of community psychiatric services.

## PROGRAMME

The congress programme will be a combination of plenary sessions and a number of concurrent interactive workshop sessions

Registration for the Congress will take place on Friday, 23rd September 2011				
Day 1 - Saturday, 24th September 2011				
08.00	09.00	Delegate Check in		
09.00	09.45	Congress - Opening Addresses		
09.45	10.30	Plenary Session 1 Introduction to Community Care in Europe		
10.30	11.00	Coffee		
11.00	13.00	Plenary Session 2		
11.00	11.20	Personal experience as a Family member and Carer		
11.20	11.40	Stigma and Social Inclusion		
11.40	12.00	Personal experience as a User of Community Care		
12.00	12.20	Needs and burdens affecting Family Carers		
12.20	13.00	Questions and Answers and Debate		
13.00	14.30	Lunch		
14.30	16.00	<b>Concurrent Workshops</b>		
		Family and Burden - caring for Carers	Family and Needs	Family and Empowerment
				Family and Recovery
16.15	17.00	Wrap-up: Highlights of the day		
17.00	18.00	Meet the speakers - an opportunity to engage with a number of the Congress Speakers		
Day 2 - Sunday, 25th September 2011				
09.00	11.00	Roundtable Discussion Vision for the future of Community Care		
11.00	11.30	Coffee		
11.30	13.00	<b>Concurrent Workshops</b>		
		Future implications for Families and Carers	Future implications for Users	Future implications for Professionals
				Future implications for Administrators
13.00	14.30	Lunch		
14.30	16.00	Feedback from Morning Workshops		
15.00	16.00	Final conference Plenary session  Congress Declaration and Call for Action		

## LANGUAGE

The principal language of the congress will be ENGLISH. Interpretation into several other European languages will be organised.

## DELEGATE FEES

Please refer to Annex 1 for details of delegates fees. The delegate fee covers

- Admittance to the congress on both days
- Congress material and handouts
- Lunch and coffee breaks on both days
- Admittance to the Congress Dinner on the evening of the first day (24<sup>th</sup> September).

Early bird delegate fees are valid until the 31<sup>st</sup> May 2011. After that date, fees on page two of the table will apply.

## REGISTRATION FOR THE DELEGATES

Early bird registration, with reduced fees, is now open.

**Reduced delegate fees will be available to any delegate who registers before the 31st May 2011. Details are contained in Annex 1.**

Registration for the Congress is being handled by Basel Tourism. Registration will not be complete until the registration fee has been transferred into the EUFAMI Congress Bank Account, details as follows. **Please ensure that your name is entered on the bank transfer to allow ease of validation.**

Payment conditions - by bank transfer of fee as indicated in registration system

Registration fees to be paid into EUFAMI bank account. Please pay by bank transfer to ensure that EUFAMI receives the full amount of the relevant delegate fees:

BNP Paribas Fortis Bank NV  
Tervuursesteenweg 192  
B-3001 Heverlee  
Account Fortis Bank 001-3636530-76  
International Reference number  
IBAN: BE91 0013 6365 3076  
BIC/SWIFT code: GEBABEBB

## HOW TO REGISTER

Registration is by online process. You can register by logging on to the EUFAMI website and clicking onto the Congress advertisement of the front page ([www.eufami.org](http://www.eufami.org)) and follow the instructions. You may also register by logging onto the registration system by logging onto <https://hotel.basel.com/eufami>. There are three language options to choose from – English, French or German.

When you have submitted your registration, a confirmation email will be sent to the email address entered into the system. Please also ensure that you transfer the appropriate delegate fee as set out above. **Registration will not be complete until fee has been received into the Congress Account.**

## CONGRESS DINNER

There will be a dinner for all delegates to the Congress on the evening of the first day, 24<sup>th</sup> September 2011. The cost of the dinner is included in the delegate fee. Further details will follow.

## ACCOMMODATION

A wide range of accommodation will be on offer to delegates and you will be able to book your accommodation here from the second half of February. You will be able to view the various accommodation options available and also book your accommodation when you have completed your registration for the congress. The system will offer you the option to book your accommodation at that point in time.

You may also book your accommodation by logging onto <https://hotel.basel.com/eufami>.

## ABOUT BASEL

### Location

The canton of Basel-Stadt lies on the Upper Rhine, in the triangle formed by neighbouring France to the west and Germany to the north. Basel is the main city of Switzerland's northwestern region and forms the bridgehead from German-speaking Switzerland to the European Union. Topographically, Basel has the lowest altitude of all Swiss cities north of the Alps. The 'Dreiländereck' (the triangle formed by Switzerland, France, and Germany) is at 244 meters above sea level.

The city covers an area of 37 square kilometres on both sides of the Rhine, embedded in the triangle between the Swiss Jura, Black Forest (Germany), and Vosges mountains (France). As it passes through Basel, the Rhine bends sharply northward and, becomes much wider as it flows into the Upper Rhine Plain. Basel is a traditional traffic junction. The city lies at the crossroads of the north-south and east-west rail systems; its EuroAirport Basel-Mulhouse-Freiburg provides connections to the European and international airline network.

### Climate

Its position in the Rhine valley gives Basel an exceptionally mild climate, influenced as it is by Mediterranean air currents that flow up from the Rhone valley through the Belfort Gap. As a result, compared with the Swiss midlands, Basel enjoys an above-average amount of sunshine and only rarely disappears in autumn fog.

### Currency

The **Swiss franc** is the currency of Switzerland. Swiss francs are shortened either with the official banking name CHF (from the Latin name of the country Confederation Helvetica, CH) or sometimes just Fr. or Sfr. The exchange rate with the euro (€) at mid February – 1€ converts to approximately CHF 1.29. But please check for the most up to date rate with your bank.

### Access to the city

Basel is easily accessible by road, rail and air. Full details are available by logging onto [www.basel.com/en.cfm/baselinfo/lageanreise](http://www.basel.com/en.cfm/baselinfo/lageanreise)

**For further information about the city of Basel log onto either [www.basel.ch](http://www.basel.ch) or [www.basel.com](http://www.basel.com)**

## QUESTIONS

If you have any queries or require clarification on any matters related to the congress, please send your question to [basel2011\\_query@eufami.org](mailto:basel2011_query@eufami.org)

## NEXT ISSUE

More details about the programme and the various speakers will be contained in the next issue.

*Finally, did you know that EUFAMI publishes a monthly electronic news sheet, @Bulletin, containing items which are of interest to its readers? If you would like to subscribe to this newsletter, simply send an email to [bulletin@eufami.org](mailto:bulletin@eufami.org) with the word **subscribe** on the subject line.*

## **ANNEX 1 – Delegate Fees**



## Early Bird Registration Fees - until 31st May 2011

Family and Student Fees	
Country	€
Tier 1 (see list of countries below)	77
Tier 2 (see list of countries below)	55
Tier 3 (see list of countries below)	38

Full Fees	
Country	€
Tier 1 (see list of countries below)	255
Tier 2 (see list of countries below)	191
Tier 3 (see list of countries below)	128

*Family and Student Fees apply to family members, carers, friends, persons with self experience and Students (limited places for Students)*

*Full fees apply to all other categories.*

Tier 1 Countries	Tier 2 Countries	Tier 3 Countries
Andorra	Croatia	Albania
Austria	Czech Republic	Armenia
Belgium	Estonia	Belarus
Channel Islands	Hungary	Bosnia and Herzegovina
Cyprus	Latvia	Bulgaria
Denmark	Lithuania	Georgia
Faeroe Islands	Poland	Macedonia
Finland	Romania	Moldova
France	Russia	Serbia and Montenegro
Germany	Slovak Republic	Ukraine
Greece		
Greenland		
Iceland		
Ireland		
Isle of Man		
Italy		
Liechtenstein		
Luxembourg		
Malta		
Monaco		
Netherlands		
Norway		
Portugal		
San Marino		
Slovenia		
Spain		
Sweden		
Switzerland		
United Kingdom		

For all other countries, fees for Tier 1 countries apply

## Registration Fees from the 1st June 2011

Family and Student Fees	
Country	€
Tier 1 (see list of countries below)	90
Tier 2 (see list of countries below)	65
Tier 3 (see list of countries below)	45

Full Fees	
Country	€
Tier 1 (see list of countries below)	300
Tier 2 (see list of countries below)	225
Tier 3 (see list of countries below)	150

*Family and Student Fees apply to family members, carers, friends, persons with self experience and Students (limited places for Students)*

*Full fees apply to all other categories.*

Tier 1 Countries	Tier 2 Countries	Tier 3 Countries
Andorra	Croatia	Albania
Austria	Czech Republic	Armenia
Belgium	Estonia	Belarus
Channel Islands	Hungary	Bosnia and Herzegovina
Cyprus	Latvia	Bulgaria
Denmark	Lithuania	Georgia
Faeroe Islands	Poland	Macedonia
Finland	Romania	Moldova
France	Russia	Serbia and Montenegro
Germany	Slovak Republic	Ukraine
Greece		
Greenland		
Iceland		
Ireland		
Isle of Man		
Italy		
Liechtenstein		
Luxembourg		
Malta		
Monaco		
Netherlands		
Norway		
Portugal		
San Marino		
Slovenia		
Spain		
Sweden		
Switzerland		
United Kingdom		

For all other countries, fees for Tier 1 countries apply